



## **Burnout to Brilliance National Physician Wellness Symposium 2023**

**March 23-26, 2023  
Mirival Resort  
Austin, Texas**

### **Target Audience:**

**Specialties:** Anesthesiology, Critical Care Medicine, Developmental-Behavioral Pediatrics, Diagnostic Radiology, Emergency Medicine, Endocrinology, Diabetes And Metabolism, Epilepsy, Family Medicine, Gastroenterology, General Surgery, Geriatric Medicine, Geriatric Psychiatry, Gynecologic Oncology, Hospice And Palliative Medicine, Infectious Disease, Internal Medicine, Interventional Cardiology, Maternal-Fetal Medicine, Medical Biochemical Genetics, Medical Genetics And Genomics, Medical Microbiology Pathology, Nuclear Medicine, Ophthalmology, Pathology, Pediatrics, Plastic Surgery, Pulmonary Disease, Radiation Oncology, Neuroradiology, Pediatric Hospital Medicine, Thoracic Surgery, Dermatology

**Professions:** Physician (MD or DO)

### **Description:**

The Physician Wellness Symposium will provide formal training for physicians which encompass academic training and personal training. This symposium provides skill development for physical, emotional, and spiritual existence while strengthening resilience and diminishing the impact of issues that lead to physician burnout.

### **Learning Objectives:**

- 1 Develop skills to identify, prevent/mitigate, recover from burnout
- 2 Develop insight regarding inherent bias and respecting diversity across communities
- 3 Assess the neurochemical responses to various forms of communication, and Communication Intelligence
- 4 Examine various leadership styles, and the differences
- 5 Identify distinctions across mentoring, coaching, sponsorship, and when to use one over the other
- 6 Gain a more comprehensive understanding regarding nutrition, distinguishing various diets, and state of the science updates

### **Accreditation:**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, The University of Texas MD Anderson Cancer Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Credit Designation:**

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 16.00 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 16.00 credit(s) of education in medical ethics and/or professional responsibility.

### **Commercial Support:**

No commercial support has been received for this activity.

### **Disclosure of Financial Relationships:**

The University of Texas MD Anderson Cancer Center adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

The content of this activity is non-clinical whereas it does not have direct impact on patient care (e.g. leadership, communication skills, or electronic medical records training). Therefore, all individuals in control of the content of this activity have no relevant financial relationships with an ACCME-defined ineligible company.

## REQUIREMENTS FOR SUCCESSFUL COMPLETION

To claim CE credits or contact hours for this activity, the participant must:

- **Professional Education Portal (PEP)**
  1. Create an account and complete profile in (PEP).
  2. Profiles need to include the following Degree, Profession, email address and mobile number
  3. Pair your email address to PEP (must use email address used to create PEP account). This is a **one-time** only process to allow you to log your attendance using the text messaging feature. Pairing your phone to the system is done by sending a **text** of your **email address** to **1-844-912-1333**.
- **Attend the Entire Activity**
- **Record Attendance:** During the activity, the learner will TEXT the code provided during the activity to **1-844-912-1333** (*texting to record attendance only needs to be done once for the duration of the activity*). Learners will have up to 24 hours after the activity has ended to text this code in order to have their attendance recorded.